

Dr. Charles Best Secondary

2525 Como Lake Avenue, Coquitlam, BC V3J 3R8 604-461-5581

Website: <http://www.sd43.bc.ca/school/charlesbest/Pages/default.aspx>

Principal – Carol Coulson, Vice-Principals – Dave Jones, Sharon McKay and Anita Young



Best Vibrations Newsletter – Discover Your Best

February 28, 2018: Issue No. 7

Our school goal is to develop a culture of connectedness and belonging within the school, among school staff, students, and our parent community, in order to enhance opportunities for collaborative partnerships.

HIGHLIGHTS

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MESSAGE FROM THE PRINCIPAL

With the conclusion of Semester 1, we would like to acknowledge the diligence and hard work of all of our staff and students. Many of our students have excelled in a wide range of academic and elective areas as evident by the numbers of students recognized for Super G, Honourable Achievement, and Honours with Distinction. 'Draft' lists for Semester 1 are posted in our hallway outside the office for students to check; these lists will be emailed home next week.

During semester turnaround, many of our students participated in annual Provincial Exams. Results from the English 12, Communications 12, and Francais 12 Exams will be available for students to access on the Ministry of Education's exam website on March 5. Students will need their nine-digit PEN (Personal Education Number) to access their results. Results for the first Provincial Numeracy Assessment are expected to be released later this spring as the Ministry takes some extra time to develop the scoring rubrics and standards.

It is hard to believe that we are past the half-way point in the school year and Semester 2 is already well underway! As the school year quickly passes, our Grade 12 students are in the home stretch of their high school career. Our Counselling Offices and Career Centre have been a hub of activity as our prospective graduates are busy applying for scholarships and post-secondary programs.

Over the past several weeks, our counsellors have been helping students with course selections and programming for next year. Programming sheets for our current Grade 9, 10 and 11 students are due very soon (March 1 for Grade 9s, March 6 for Grade 10s, and March 9 for Grade 11s). If your sons or daughters have not yet filled in a form, we ask that you remind them to do so by the deadlines indicated.

It's been a great winter season at Best with several teams competing in the Fraser Valley and Provincial Championships. Our senior and junior boys and girls basketball teams have all had great seasons and we thank our teacher and community coaches for all of their hard work and dedication to our student athletes. In Wrestling, the team is sending three athletes to the Provincial tournament this week in Port Alberni. Charles Best is also hosting tournaments for Grades 5, 6, 7, and 8 district basketball playoffs. These tournaments are being run by our Athletic Leadership class. As spring approaches, we are also seeing our Golf, girls' junior and senior Soccer, Badminton, Track and Field, and Ice Hockey teams gearing up. Good luck to all of our athletes!

Parents, too, have been very busy planning events. The beach-themed Dinner/Dance, scheduled for March 3, is sold out and promises to be a lively and fun-filled evening! This dance is hosted by the Grade 11 parents as a fundraiser for the Grads of 2019 and is a great community-building event. In addition, our After Grad parent committee is busy planning fundraisers for After Grad 2018.

We wish you a relaxing and enjoyable Spring Break in March!

**Carol Coulson,
Principal**

IMPORTANT DATES

March 1

Interim Reporting

March 2

Online booking for Parent/Student/Teacher Interviews Opens

March 3

Grade 11 Parent Dance Fundraiser 6PM

March 5

PAC Meeting 7PM

March 7

Spring Concert 7PM

March 8

Early Dismissal of Students 2PM
Parent/Student/Teacher Interviews 3PM
Gr 12 Parent Information Meeting 7PM

March 17 – 29

Spring Break (Schools Closed)

March 30

Good Friday (Stat Holiday)

April 2

Easter Monday (Stat Holiday)

April 3

Schools Re-Open

April 20

Distrip Pro-D Day (Students Do Not Attend)

April 26

3rd Formal Report Card Distributed to Students

WHAT'S BEEN HAPPENING?

E-CIGARETTES, WHAT ARE THEY AND WHY YOU SHOULD BE CONCERNED

One of the growing trends amongst young teenagers is the fad of e-cigarettes. The plume of vapour seen from afar is the first clue. As one gets closer, the smell of Vanilla, Cotton Candy, Cinnamon Funnel Cake, Honey Dew Melon, or Berry Blast hits your nostrils. The scent lingers in the air and is extremely obvious to the casual observer. This fad among teenagers is quite prevalent and has the same addictive qualities as traditional cigarettes. E-juice is sold in the bottle and can range in volume and price. 15 ml will cost \$13 while the 60 ml can cost as much as \$60. Nicotine content can vary in e-juice but can be as high as 25%.



Vaporizers have been banned from all schools in SD43 due to the safety and health risks associated with their use. Despite this, several such devices are confiscated each month. They come in different shapes, sizes, and colours and can range in price from \$50 - \$300. Although mainly designed for nicotine products, higher end models have the ability to handle Marijuana concentrates.



The **Juul** vaporizer looks like a USB flash drive. This device even charges when plugged into a laptop. It's small enough to fit inside an enclosed hand. **One Juul pod contains as much nicotine as a pack of cigarettes**, and comes with flavors like creme brulee, mango and fruit medley.



The **Aspire Breeze** is another vaporizer that has been confiscated on school grounds and is small enough to fit into an enclosed hand. Both the **Juul** and the **Breeze** are easy to conceal and emit very little vapour.

Students have also been found in possession of the **Nicorette Spray**. The spray is dispensed under the tongue providing students with an instant hit of nicotine. Students have reported using multiple blasts of the spray at a time. The device is intended to be a smoking cessation device but has actually had the opposite effect for a number of students, with some claiming to now be addicted to nicotine. The spray can be purchased from most drug and grocery stores at a cost of approximately \$45.



Health Effects of Nicotine and E-cigarettes: New studies report that E-cigarette vapor contains dangerous levels of toxic metals including lead, chromium and manganese. These substances raise the risk of cancer, heart disease, and brain damage. Nicotine found in Vape Juice is **highly addictive** and adversely affects the heart, reproductive system, lungs and kidneys. Immediate effects are increase in pulse rate, blood pressure and increased rate of respiration.

SCHOOL AND DISTRICT EXPECTATIONS AND CODE OF CONDUCT

Use of vaporizers, e-cigarettes, or other related products **IS NOT PERMITTED IN THE SCHOOL OR ON SCHOOL GROUNDS**. These devices **CANNOT be possessed at school under any circumstances**. There have been incidents in our school/district that have resulted in these devices unintentionally exploding which can result in serious injury for the user and those around them. In addition, there are documented health risks associated with the use of these devices. For the safety of all of our students and staff, it is important that these devices are not on school property. Students are not permitted to have these devices in their lockers, backpacks, or on their person at any time while on school property. If a student is found in possession of a vaporizer or e-cigarette, or any related device or associated product, the device/product will be confiscated. Parents will be contacted and required to meet with the administration and their son/daughter. Incidents will result in disciplinary action.

QUEBEC STUDENT EXCHANGE



Two weeks ago, 18 Charles Best students hosted our friends from our Quebecois sister school, Polyvalente Hyacinthe-Delorme. This was the first half of our 2018 Quebec exchange program, the next stage being in April when we travel to Quebec and stay for a week, living with our “twins.” Special thanks go out to our incredible teachers who coordinated a full BC experience for our visitors, Mme Toure, M Bruxelles and M Poudre. We all had a fantastic week, exploring our city, discovering the roots of BC at Fort Langley, snow shoeing up at Grouse Mountain along with an amazing presentation by the aboriginals of the Squamish Nation. During the Family Day long-weekend, we all had the opportunity to show our twin the best of BC on our own time. Many groups went skiing on the surprisingly sunny weekend, others scattering across the city, showing our friends the heart of our Vancouver culture which is the founding reason behind this program. It is about learning and sharing the diverse cultures of our two provinces, making bridges of friendship across Canada, as well as expanding our knowledge of our country beyond this little rainy corner on the west coast. “It was an amazing experience! I really got to bond with everyone from Quebec.” - Lynne Shi, “Best experience I’ve had ever!” – Ana Lopez, “It was fun to get to know people that live across the country.” – Jordan Tak. To see some more photos of the trip, go to: <http://bcqcexchange.weebly.com> or follow @bc_qc.exchange on Instagram. Submitted by: Ethan Katz, Ambassador for the Quebec Student Exchange.

POETRY IN VOICE

Congratulations to all Poetry in Voice competitors for the courage, commitment and imagination they showed in their recitations. Juliana Nunes emerged as English stream champion, and Isabel Wilson as the Bilingual stream champ. Chandra Miller and Max Botsis took 2nd and 3rd place respectively in the English stream and Christina Lam and Saba Seberi were 2nd and 3rd in the Bilingual stream. Stay tuned for information about the Poetry in Voice Regional Competition being hosted here at Best on Friday, April 6. Juliana Nunes (Let the Ponies Out), Chandra Miller (Fluorine), and Max Botsis (Annabel Lee) pulled in the top scores for recitation of a poem in English, and will compete against nine, three-member teams from schools from around the Lower Mainland for the title of Regional Champions. A big thank you to Best’s Mr. Steve Murray and Mrs. Anita Young, and Gleneagle’s Ms Cindy Quach for judging the English stream. Also thanks to Ms Martine Duby and Ms Sophie Bergeron from Winslow, and Ms Louise Manton from Best for judging the French stream, as well as Anika Kim, Saga Khangholi, and Crystalia Garcia for helping with accuracy judging and sound, and Mrs. Holmgren for her great teamwork.

ACE-IT FIELD TRIP

Our ACE-IT class went on a field trip last Thursday, February 22 to the Escala construction site at Gilmore Avenue in Burnaby. Students took an electrical tour of a high-rise under construction.



WHAT'S COMING UP?

INTERIM REPORTS PARENT/TEACHER/STUDENT INTERVIEWS – MARCH 2018

The Interim Reporting process will be the same as it was in October. We remain committed to communicating student progress with families and will specifically focus on students who are struggling at this time. Teachers will email directly the parents/guardians of any students who are either “Not Meeting Expectations” or “Minimally Meeting Expectations” in their classes. If you do not receive any emails from teachers by 5:00 pm on March 1st, the assumption is that your child is “Meeting Expectations” in all of his/her classes. While this process may not feel like it is providing sufficient information, it is actually similar to the “snapshot” of student progress that interims typically communicate at this time. The third formal report card, with letter grades, work habits, and teacher comments, will be distributed to all students on April 26th, as per our usual formal reporting timeline. As always, you are encouraged to contact teachers directly, either by email or phone, for more information regarding your child’s progress. You are also invited to attend the Parent/Teacher/Student Interviews that are scheduled for Thursday, March 8th from 3:00 to 4:52PM and 5:48 to 7:40PM. We encourage you to schedule an appointment by following the link on our school website:

www.sd43.bc.ca/secondary/charlesbest/Pages/default.aspx. If you have difficulty using the online booking system, please call the school at 604-461-5581. Appointments can be booked online starting Thursday, March 1 after 4:00PM until noon on Thursday, March 8th. Please note that there is also a meeting for parents of Grade 12 students on the same evening (March 8th) at 7:00PM in the school library.

PERU SPRING BREAK TRIP

The Spanish department is excited to be taking a group of 32 students to Peru this Spring Break. Students will spend the first week in Arequipa with homestay families, attending language classes and participating in numerous cultural activities. The second week will highlight a trip to the famous Inca ruins of Machu Picchu.

STUDENT LEARNING SURVEY

Students in grades 10 and 12 will be participating in the Student Learning Survey in mid-April. An email was sent out to all parents of these students requesting them to complete the parent survey. This Satisfaction Survey is an annual province-wide census. The questions were developed with input from partner groups, teachers and experts in educational measurement and special education. It usually takes about 10 minutes to complete the required survey questions. We would appreciate you taking the time to complete the survey by going to the following website: www.bced.gov.bc.ca/sat_survey/access.htm

PISA –INTERNATIONAL STUDY SURVEY FOR GRADE 10's

Charles Best is one of four schools in our district that has been selected to participate in the Programme for International Student Assessment (PISA). Fifty-three of our grade 10 students will be randomly selected to participate in this assessment that will take place on one sitting between April 23 – May 31. Selected students will be notified in February/March. Please see the attached brochure for additional information or contact Ms. McKay (VP).



Main Study



OECD Programme for
International Student Assessment



What is PISA?

PISA stands for Programme for International Student Assessment. It is an important international study that measures the competencies of 15-year-olds from over 80 different countries in reading, mathematics, and science. PISA 2018 is the seventh PISA study that has been conducted since 2000. Reading will be the major assessment domain this PISA cycle and the assessment will be entirely computer-based.

The field test for PISA 2018 was conducted in spring 2017. The main study will take place between April 23 and May 31, 2018 in selected schools across Canada.



What will students be asked to do?

In April and May, about 25,000 students from 1,000 schools across Canada will be participating in the PISA 2018 main study.

- Up to 53 students from each sampled school have been randomly selected to participate in a computer-based assessment in reading, mathematics, science, and global competencies, as well as financial literacy in some provinces.
- Students will also be asked to complete a 35-minute Student Questionnaire.

All the information collected will be kept strictly confidential. No results will be published at the individual student or school level.

Do students need to prepare for the test session?

No. Students do **not** need to prepare for the assessment. During the test session, they will be asked to answer all the questions to the best of their ability. They will not have access to external resources or reference materials.

Will the results affect the student's academic record?

No. Students' results will **not** affect their academic record as the results will be used for research purposes only.

Who is interested by this information?

The students' results are critical in shaping the profile of Canadian 15-year-olds. Parents, students, the Canadian public, and those responsible for education want to know whether youth are acquiring the necessary skills and knowledge to meet the challenges of the future. Information obtained from provincial, national, and international measures helps us understand the achievement of students.

The results of PISA 2015 were released on December 6, 2016 (www.cmec.ca).

How were the students chosen?

Around 1,000 schools were randomly selected to represent Canada. Within these schools, a sample of students aged 15 has been randomly selected to take part in the assessment.

Who is conducting the study?

PISA is being directed by the Organisation for Economic Co-operation and Development (OECD). In Canada, PISA is carried out through a partnership between the Council of Ministers of Education, Canada (CMEC) and Employment and Social Development Canada (ESDC).

For more information, visit our Web site at <https://www.cmec.ca/251/Overview.html>

You may also refer to the OECD Web site at <https://www.oecd.org/pisa/aboutpisa/>

DRAMA: SPRING PRODUCTION OF "A MID-SUMMER'S NIGHT DREAM"

The Best Players are having a wonderful time preparing for our spring comedy, *A Midsummer Night's Dream* by William Shakespeare. Now before you go thinking, "Shakespeare! I think I'll give that one a miss", remember that this play is his most beloved comedy and one of the most produced plays in the history of theatre; and that tradition continues even today. Audiences love it because it's wildly funny and it's his easiest play to follow. It opens **Wednesday May 2nd, and runs May 3rd, 4th, and 5th and continues May 9th, 10th, 11th and 12th**. Directed by Brad Case, tickets for *A Midsummer Night's Dream* will be \$12.00 for adults and \$10.00 for seniors and students. Box office opens at 6:45PM with doors at 7:00PM and curtain at 7:30PM. Our actors and crew/technicians are committed to *The Best Players* tradition of excellence. We are sure it will show in this fantasy/comedy that will delight audiences of all ages. Spring is after all the season of love and after the gloomy, grey autumn and now icy winter we are having, what better way to shake off the ill effects of the winter blahs than with a romantic comedy? Be sure to set at least one of the dates aside or better yet set aside two. You'll want to see it more than once. Thank you for your past support and please bring the family to see *A Midsummer Night's Dream*.

ATHLETICS

GIRLS BASKETBALL

The basketball season has come to a close. The junior and senior girls teams had growing seasons with young players on both teams. All the coaches were happy with the dedication and attitude of the players and are looking forward to helping girls work on their individual skills on the off season, in order to come back strong for next year. We would like to extend a huge thank you to our community coaches for the senior team, Daniel Depelteau, Krishiah Short and Graeme Liddiard.

SENIOR BOYS BASKETBALL

The Senior Boys' Basketball team had a successful season; the boys and the coaches are extremely proud of our "Season of Firsts". The team finished out league play with a very exciting double-overtime 76-71 win over Centennial, a 77-48 win over Gleneagle and a hard fought 73-53 loss to Pinetree on Seniors' Night (see attached photo). Our fans were fantastic, and they made the atmosphere for those games extra exciting and fun! In league playoffs, Best beat Centennial 68-71 and had an amazing upset of the top team in the league, Pinetree, by a score of 111-104. In the league championship, Best battled hard, but fell just short, losing 56-53 to Heritage Woods. Once again, the fans proved to all in the league that we have the best support! Our team proved to all that we were able to compete with anyone.



Best went into the Fraser Valley Championships as the #10 seeded team (out of 24). Best beat Johnston Heights 69-57, but lost to Heritage Woods once again (87-67), and Centennial (58-47). While the losses to two league rivals were disappointing, the team should be very proud of their great playoff run. Once again, our fans were the Best in the Valley, as Ms. Coulson and Mr. Barnett (thank you!) drove the "fan bus" all the way out to Semiahmoo, giving the team a great boost in each of our games.

Here are some stats to consider in our "Season of Firsts" after three years of 4A competition:

First time with a winning record overall: 14-13

First time winning a tournament: Carney Classic, January 11-13

First time with a winning record in FV North league play: 4-3

First time in the top four after FV North league play: 4th

First time beating a Top 15-ranked 4A team: 111-104 over provincially ranked #13 Pinetree in league playoffs

First time in FV North league championship final game: 56-53 loss to provincially ranked #14 HWSS

First time with a Top Ten seeding in the FV Championships: #10

First time with a win in the FV Championships: 69-57 over Johnston Heights

First time in the Sweet Sixteen of the FV Championships -given how competitive the zone is in relation to the province, this is a huge accomplishment!

Finally and most importantly: Best fan support in the entire Fraser Valley!



Special mention goes out to our graduating players: Dylan Pascual (2017-18), Michael Manojlovic (2016-18), Omron Samadi (2015-18), Arsham Mahmoudi (2015-18) and Grayson Parkins (2014-18).

Coaches are so thankful for their positive leadership, effort in practice, great attitudes on the bench and awesome game play. All the best to these fine young men as they move on to bigger and better things!

Coaches believe that the season we had in 2017-2018 bodes well for years to come for Charles Best Senior Boys basketball. The future is bright!

GRAD CORNER

MARCH

- If you have applied to a BC University, check the status of your application and emails regularly! You may be asked to self-report first semester final grades and second semester interim grades electronically.
- Do you need to write the LPI? Check literacy requirements of the post-secondary schools you have applied to. Check online at www.lpitest.ca for information on public sittings.
- Some offers of admission are based on self-reported grades. All other offers of admission are made in May based on grades sent by the Ministry of Education.
- Finished Grad Transitions? You must complete Grad Transitions to graduate! You must complete Grad Transitions before purchasing Dinner/Dance tickets or picking up your commencement tickets! See Mr. Last, room 205 (mlast@sd43.bc.ca).

SCHOLARSHIP PACKAGES

Completed local scholarship package applications are due by Friday, April 6th at 3:30PM. Students who missed the meeting can get an application package from the Career Centre or download the information via the online Career Centre/Financial Aid page.

TIMELINE FOR GRAD RELATED ACTIVITIES

Activity	Date	Time	Location/Contact
Pick up Valedictorian Nomination Applications	April 4		Main office
Due Date for Valedictorian Nominations	April 11	3:00 PM	Nominations returned to <u>Mrs. Young</u> in the Main Office
<i>Grade 12 Assembly- Valedictorian Nomination Speeches and Voting</i>	<i>April 19</i>	<i>Period 2</i>	<i>Half of the Large Gym</i>
Guest Forms Available	April 19		Main Office
Make sure you have no Books or Fees or Other Amounts Outstanding By This Date	May 3	3:00 PM	Cleared at Main Office – Check Posted Sign With Student ID to see if you owe Fees
Grad Transitions Must Be Completed or You Can't Buy Tickets	April 30	3:00 PM	Mr. Last
Guest Forms Due	April 30	3:00 PM	Main Office
Commencement Message due	April 30		Link on website
Tickets for After Grad and Bus (on-line only)	May 8		Link on website, under "Student Fees"
<i>Ticket Sales for Grad Dinner Dance / Commencement</i>	<i>May 15, 16, 17</i>	<i>10:30AM – 1:30 PM 2:30 PM- 3:30 PM</i>	<i>Conference Room</i>
<i>Dinner Dance Table Reservation</i>	<i>June 6-8</i>	<i>10:30AM – 12:30 PM</i>	<i>Counselling Office</i>
<i>Commencement Rehearsal & Cap and Gown Distribution</i>	<i>June 8 Attendance is Mandatory</i>	<i>Period 5</i>	<i>Large Gym – Cap and Gown Distribution</i>
Commencement Ceremony	June 9	11:00 AM 10:15 AM - Grads Ready	Queen Elizabeth Theatre
Grad Dinner Dance	June 23	6:00 PM to 11:30 PM	Fairmont Waterfront Hotel
After Grad	June 23 night/24 morning	12:15 AM – 1:00 AM Check- in	Charles Best School Gym
Awards Day	June 19	TBA	Large Gym
French Leaving Ceremony	June 22	1:00 PM – 3:00 PM	Small Gym

DRY GRAD EVENTS

With Spring just around the corner, Grad 2018 is not too far away! Our upcoming graduation events will be upon us before we know it! Just a reminder to parents that all grad events hosted by the school are subject to our School and District Code of Conduct with respect to student behaviour. After-Grad takes place on Sunday, June 24 from 12:00 AM to 4:00 AM at Dr. Charles Best Secondary, immediately following the Grad Dinner/Dance at the Fairmont Waterfront Hotel in Vancouver. Both the Grad Dinner/Dance and the After-Grad Event are “dry” school events at which students may not be in possession of or under the influence of drugs or alcohol. We thank families for their support and encourage parents to have regular conversations with their graduating students about the importance of understanding and upholding the rules of school-sponsored events. **We ask for your support in ensuring that our graduates do not attend any school or school grad events under the influence of or in possession of drugs or alcohol. Parents who wish to celebrate graduation by serving alcohol at pre-grad events/gatherings are asked to refrain from sending students to our school-sponsored graduation events.**

STUDENT TRANSCRIPT SERVICE INFORMATION REMINDER

If you are headed for college or university after grad, remember that **EVERYONE** must ensure **FINAL** Ministry of Education **transcripts** are sent to the universities and colleges they have applied to at the end of July. Students must also make sure their interim transcript is sent in early May to **confirm** self-reported grades and to provide Semester 2 interim marks. Follow the steps below.

Students should complete the **Student Transcript Services** form **before March 31**. You will need your Personal Education Number to begin this process (PEN). This is a **2-step process**: Visit www2.gov.bc.ca/gov/content/education-training/k-12/support/transcripts-and-certificates and scroll to Student Transcripts/Create BCeID.

1. You will create a BCeID to then access the Student Transcript Service.
2. Here you will complete your university/college school selection list. Be sure to select **SEND INTERIM AND FINAL MARKS WHEN THEY BECOME AVAILABLE** for each school you have applied to.

TIPS: Register for the BCeID and the Student Transcript Service with a **COMPUTER** (do not use a mobile device) and ensure you have opened your email on the same computer **before** beginning registration. If you feel you have not completed the second step, or you made an error, you can easily go back in and repeat the process with no charge.

INFORMATION

DIGITAL LITERACY – NEW!

Digital literacy skills have become crucial for students to be successful in the 21st century. Grade 9s will be the focus for the upcoming school year and will begin developing these skills through an integrated learning format. Course work will be delivered through students' existing English 9 and Science 9 courses. The curriculum will cover areas such as research and information literacy, creativity and innovation with technology, technology operations and concepts, and digital collaboration and citizenship. The course has been designed to align with the Ministry of Education's redesigned curriculum and all grade 9 students will receive a grade 10 credit toward graduation for completion of this graduation requirement.

To support this component of their program, all grade 9 students are encouraged to bring their own device, either a laptop or tablet. Students are encouraged to use a device that incorporates an external keyboard. Any parent who has a concern about this requirement is encouraged to contact their son/daughter's school Counsellor or Vice Principal.

THINKING OF MOVING?

As we begin to plan our school organization for the next school year, we are looking carefully at the number of students we anticipate for September. If your family will be moving before September, we would appreciate a call or a note sent to our office. This will greatly assist us in our planning.

ORDER YOUR YEARBOOK!

Only 90 yearbooks remaining for the entire school. You can purchase online, on our website under “School Fees”.

PAC / AFTER GRAD NEWS

PAC EXECUTIVE – NEW MEMBERS NEEDED

Most members of the current PAC executive will be resigning at the end of the year as we have children in Grade 12 and they will be graduating. **The PAC cannot carry on without your support. It requires a President, Secretary and Treasurer to continue.** The PAC currently receives \$20/child from the gaming commission for extra-curricular activities. If there is no PAC, the money will not be granted and our kids will miss out on this money. This year's grant was \$28,000. It really makes a big difference when we can distribute this money to worthy causes throughout the school. Please consider volunteering for the PAC next year. It is not an onerous job. The general meetings are every two months (no more than 1 ½ hours) and there is no fundraising required. The administration supplies a wish list from the teachers and the PAC decides how to distribute the money. Easy! Our general meetings are held on Monday nights at 7:00 pm in the library. The next general meetings are on March 5 and May 7 (AGM). For more information about the positions, please contact the current PAC President, Barbara Davis bddavis@shaw.ca.

AFTER GRAD COMMITTEE – ATTENTION ALL GRADE 12 PARENTS

The After-Grad organizing committee needs your help. With only four months left to the After-Grad party (June 23/24), we are critically under target in our fundraising efforts. There is a very small group of parents fundraising for this large event. We need your help to reach the goal of \$22,000 required to host this safe, memorable and enjoyable party for our grads. **Please come to our next After-Grad Fundraising meeting on March 12 at 7:00PM in the Library.**

We are asking all grade 12 parents to help in any of the following ways:

- Parents who can't volunteer, please help by making a \$20 (or more) cheque donation. Have your son or daughter drop the cheque off to Ms. Lynn at the office. Make your cheque payable to Dr. Charles Best Secondary School (Re: aftergrad2018)
- Donate your empty bottles to Express Return-it-Depot at 1045A Lougheed Hwy, across from IKEA next to Boston Pizza. Put all your empty cans and bottles in a clear plastic bag, no sorting required. Print a label for the bag at the DEPOT by entering Charles Best's phone 604-461-5581 (account attached to Ja-Lynn McIntyre) and you have made a donation!
- Promote and attend our retail shopping night – Theme: A Night in Paris. Thursday April 19th. **We are in need of vendors.** Mark your Calendars, invite your friends and save the date for our Annual Charles Best '2018 Dry Grad' Fundraiser! We'll also have a Silent Auction, 50 / 50 and draws. **Vendors:** Please contact Leann at Leann@backpacfundraising.com or 604 785-7856.
- Help by donating a wine bottle for a basket raffle to be held at the shopping night. If you can't donate a bottle of wine, you can help by buying and selling tickets.
- Grocery bagging event at Super Store (by the Staples on Lougheed) - Saturday April 21. Our grads will be bagging groceries between 10 AM and 2 PM for donations. Please encourage your grad to volunteer for a 2-hour shift (22 volunteers are needed). Contact: fiona@skyeconsulting.net to schedule a shift.
- Secure corporate donations (cash and in-kind) from your employers. All donations big and small are welcome and needed.
- Buy your Mother's Day flowers from us – more information coming in April.
- Organize a fundraising activity with friends and family. Let us know what you are doing and we will help.

AFTERGRAD 2018 FUNDRAISER – EASTER CHOCOLATES

BestGrad2018 is fundraising with Purdy's Chocolatier, just in time for Easter! If you'd like to support us through purchasing some very sweet Easter gifts for friends, family and yourself, please click the following link: <https://www.purdysgpp.com/780127>
After you've signed in, you can buy our amazing chocolates or invite others to join and support our Fundraising Campaign.

COMMUNITY NEWS



Learn about youth culture

Strengthen your connection to your teen

Y.O.L.O

(Youth Offering Listening Opportunities)

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As a parent have you wondered.....

- How can I talk with my youth about substance use?
- How come youth use substances?
- How can I improve communication with my youth?
- What new strategies can I use in parenting my youth?

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Come on out and listen to youth share their life experiences in order to help parents/caregivers understand their own teens better

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Join us on Tuesday March 13, 2018 from 6:30-8:45 pm

WHERE: SHARE Family and Community Services
2815 Clarke Street, Port Moody

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For further information and to register please call SHARE's intake worker at 604-936-3900 or Tanya Bentley at 604-937-6973 or email tanya.bentley@sharesociety.ca Please RSVP by Tuesday March 6, 2018.

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fraserhealth

fraser health
best in health care



The Exploitation of Our Youth: Online & Offline



Free Parent Info Session

for all parents of District 43 students

your children in Grade 10/11/12 are welcome to attend with you
online registration is required for everyone attending

TOPICS COVERED:

- *How social media apps facilitate sexual exploitation & sextortion*
- *How exploiters are grooming our children & youth online, & ways to keep safe*
- *Image sharing & sexting; an issue in every school*
- *Recent trends in peer to peer exploitation*
- *TCO will be presenting pieces from their grade 4-12 workshops*

GUEST SPEAKERS—Children of the Street Society (TCO):

Tiana Jacquet (Program Director) / Hayden Averill (Workshop Facilitator) /
Anisha Phillips (Workshop Facilitator)

DATE: Thursday, March 8, 2018

TIME: 6:30—8:00pm (doors open 6:00pm)

LOCATION: Theatre —Terry Fox Secondary
1260 Riverwood Gate, Port Coquitlam

ONLINE REGISTRATION REQUIRED (for everyone attending):

<http://dpac43childrenofthestreet2018.eventbrite.ca>

QUESTIONS?

District 43 Parent Advisory Council (DPAC)

1100B Winslow Avenue, Coquitlam BC V3J 2G3

Phone: 604-939-3690 / Email: office@dpac43.org

Website: www.dpac43.ca

Fine Tune Your Parenting Skills With

STEPS TO EFFECTIVE PARENTING

For Parents of teens... ages 11--17



STEP offers a down-to-earth and practical way to meet the challenges of raising teenagers today. It's a group discussion program that paves the way to improved parent-teen relationships; more responsible teenage behaviour in home, school and community; and teenage self-esteem and self-reliance.

Place: Eagle Mountain Middle School

Time: 7p.m. - 9p.m.

Dates: Thurs. April 5th, 12th, 19th, 26th, May 3rd, 10th, 17th and 24th.

[This is an eight week program]

Facilitated by: Marilyn Abram, Adler Certified Parent Facilitator

To register: E-mail: mabram@sd43.bc.ca [preferred]

Phone: 604-469-1133

Register by March 12, 2018 as book pick up is March 15, 2018

Class is limited to 20 participants.

The only cost is \$25.00 for the parent workbook!



SPRING FLAG REGISTRATION IS NOW OPEN!

www.CoquitlamFootball.ca

-  Boys & Girls Ages 7 - 18
-  Beginners Welcome
-  Spring Season runs March to June
-  Fun & Affordable sport in the Tri-Cities!
-  Kelowna Provincials June 9 & 10 - Optional



Spring Flag Family Day

Centennial Oval, 570 Poirier St. Coquitlam

Sunday, March 4th 11am - 2pm

Family BBQ! Learn about Spring flag and watch our 2017 U10 Spring Flag Provincial Champions in a game!

PRIZES * BC LIONS FOOTBALL TOSS & MORE!

Dear Parent/Guardian,

We are pleased to advise you that Staples has been selected to participate with

Ecole Dr. Charles Best Secondary School for the new **bring your own device program**.

The items selected from Staples have been recommended by the school and the School Board IT specialists.

The value of having the right partner to deliver high-quality products and customer service is important to the school, the district, and to all the students and their families. We are proud to partner with you to provide a total solution.

The Staples BYOD Program offers:

- Staples Educational EasyCare Plan which provides replacement guarantees for all defective units, including units accidentally damaged
- Exclusive pricing on software purchase requirements
- Competitive pricing
- Several kit options to offer choices for all families
- Hardware tutorials for students and parents
- In-store products and technical support
- Financing available, including interest-free payment plans; OAC
- Air Miles with purchases

*All hardware options are subject to availability, and may change without notice.

The following locations are conveniently located to assist you:

We carry a large selection of hardware, accessories, printers and educational technology. Drop in for a visit and we will show you!

Staples Coquitlam

1220 Seguin Drive
Coquitlam
British Columbia
V3K 0W8

General Manager
Carol Wenlock
Phone: 604-517-2100

We will not be undersold!
Full details of the offers and replacement plans available in the stores listed only.
All offers subject to change.



Simply take this letter to the Staples store of your choice to receive efficient, personal service from our knowledgeable associates.

Great reasons to shop with Staples:

A Proven Track Record

- Experience with numerous schools/districts
- 25 years of retail success

Complete Break/Fix Service

- Service and repair of most major brands
- Priority service and support options

Customer-Focused

- Open 7 days a week in all major cities
- Multilingual associates at most stores
- Tutorials available for students and parents

Hardware Replacement Guarantee

- 4-year policy with over-the-counter replacement guarantee for defective or damaged units

Option 1:

Lenovo n23 Yoga
From \$334
Bundle From \$485+



Intel® N3060/Windows 10 Pro National Academic Standard/Webcam - Memory 4GB - Harddrive eMMC 64GB/Battery - Up to 8 hours - 11.6" HD Touchscreen/4 Year Replacement Plan In bundle

Item may not be exactly as shown.

Option 2:

HP 15-BS017CA
LAPTOP from \$579
Bundle from \$782+



Intel® Core™ i3-6006U/8 GB DDR4-2133 SDRAM/ Video graphics Intel® HD/Hard drive 1 TB/Display 15.6" diagonal HD SVA BrightView WLED-backlit (1366 x 768)/4 Year Replacement Plan In bundle

Item may not be exactly as shown.

Option 3:

Apple MacBook Air
13.3" Notebook from \$1199
Bundle \$1649+



Incredibly thin 0.67" design/only 2.98 lb/13.3" LED-backlit display/1440 x 900 resolution/1.8 GHz Intel Core i5/8 GB LPDDR3 RAM/128 GB SSD/2 Year Apple Care In bundle

Item may not be exactly as shown.

Option 4:

Surface Pro 12.3"
Core i5 from \$1269
Bundle from \$1629+



Intel Core i5/128GB SSD/4GB RAM/Solid state drive 128GB/12.3" PixelSense Display/Resolution: 2736 x 1824/10 point multi-touch/4 Year Replacement Plan In bundle

Item may not be exactly as shown.

6- and 12-month interest-free financing options available with any purchase at Staples. OAC. Ask an associate for details.

Satisfaction Guarantee:

Staples will issue a full refund on complete bundles for 15 days from time of purchase. Defective items may be exchanged upon presentation of your payment confirmation and Staples ECP documentation.



WHY STAPLES EASYCARE?

Features:	Coverage
Coverage begins from product purchase date	Yes
Four years of coverage	Yes
Accidental damage, including spills, drops, cracks, broken AC pins and LCD screens	Yes
Hardware defects during normal usage	Yes
Immediate in-store replacement on in-stock products	Yes
Immediate credit via Staples gift card for out-of-stock products	Yes
One-time free battery and/or adapter replacement for laptops only	Yes
Easy to make a claim at any Staples Canada retail location that supports this program or call toll-free 1-888-723-3444	Yes

REGISTER YOUR STAPLES® EASYCARE PLAN

Please visit www.stapleseasycare.ca or call: 1-888-723-3444

Your registration makes you eligible to **WIN a \$100 Staples Gift Card.**

TO OPEN A CLAIM:

Simply submit a request by contacting our EasyCare Customer Service hotline at 1-888-723-3444

Extended coverage starts on Day One and runs concurrent to the Manufacturer's Warranty.



STAPLES EASYCARE EDUCATIONAL PRICING

Plan breakdown for both tablets and laptops.

Tablets	
Retail Range	4-Year Plan
\$0 - 249.99	\$49.99 - 2611765
\$250 - \$499.99	\$99.99 - 1127178
\$500 - \$999.99	\$149.99 - 1127180
\$1,000 - \$1,499.99	\$199.99 - 1025476
\$1,500+	\$249.99 - 2611771

Laptops	
Retail Range	4-Year Plan
\$0 - 249.99	\$49.99 - 2611768
\$250 - \$499.99	\$99.99 - 2760663
\$500 - \$999.99	\$149.99 - 1800335
\$1,000 - \$1,499.99	\$199.99 - 2423248
\$1,500+	\$249.99 - 2423240

CHROMEBOOK SETUP

Commercial Setup Price: **\$18** (sku 2807222)

- Unpack
- Full operating system update
- Enrollment on the school's management console (information must be provided by customer)
- Repack unit

Additional add-ons:

- Asset Tagging* of the assets - \$2.95 per unit
- Responsible recycling of packaging materials - \$2.95 per unit

*Customer must provide asset tag for each unit and related information.

Consumer Setup Price: **\$29** (sku 2807223)

- Unpack
- Full operating system update
- Assist with sign-in and creation of Gmail account*
- Installation of two apps (apps not included)
- 15-minute tutorial
- Pack and provide to customer, or Staples can recycle the packaging responsibly

*Customer must have existing cellphone and email available on-site.

TERMS AND CONDITIONS

EasyCare Education Service Plan

In this EasyCare Plan ("Plan"), "we", "us" and "our" refers to Staples Canada Inc. ("Staples") and "you" and "your" refers to the purchaser of the Plan. By purchasing this EasyCare Plan, you understand that this is a legal contract and acknowledge that you have read and accept these terms and conditions.

What the Plan Covers

- **Accidental Claims** – Provide a replacement product or issue a gift card for the purchased value of the original product, provided the product has failed during normal usage under the Plan's term.
- **Replacement Claims** – Provide a replacement product or issue a gift card for the purchased value of the original product, provided the product has failed during normal usage under the Plan's term.

Due to technological advances, the selling price of the replacement product may be lower than the selling price of the original product.

The limit of our liability under this Plan shall not exceed the purchased value of the product at the time of your claim, excluding the cost of the Staples EasyCare Education Plan.

Deductible

A deductible applies dependent on the price of the device, and the original product becomes the property of Staples (Deductible range: \$0 - \$249.99...\$25; \$250 - \$499.99...\$50; \$500 - \$999.99...\$75; \$1,000+...\$100).

Product Eligibility

This Plan only covers products purchased from Staples for which you have paid the correct Plan purchase price. Plan must be purchased at time of product purchase. This Plan is limited to eligible students and faculty staff that are governed by a school board that has been approved for the Education Service Plan by Staples.

Term of the Plan

The term of this Plan begins from the date of product purchase. It continues for the specified number of years, except if a gift card or a replacement product is provided under the Plan, in which case the Plan ends on the date the gift card or replacement product is provided. The original product becomes the property of Staples Canada and must be returned to the store before the replacement or gift card is provided. Unauthorized repairs may void the Plan coverage. A new Plan must be purchased for any replacement tablet or laptop.

Accidental Coverage

Accidental coverage includes liquid spills, drops, cracks, broken AC pins and LCD screens. Accidental coverage is limited to ONE claim over the life term of your Plan. If a claim is made under the Plan, we will at our option:

- Replace the product with the same make and model if available at the Staples store where the claim was opened.
- Or provide a Staples Canada gift card for the purchase price of the product covered (including taxes), minus the applicable deductible listed under Deductible.

In both options, the coverage will end on the date the replacement product or the Staples gift card was issued.

How to Obtain Service

To open a claim during the Plan term, take your product, accessories and proof of purchase (product and Plan) to any Staples Canada retail store that supports this program, or call our toll-free service line: 1-888-725-3444.

What is Not Covered

The EasyCare Plan does not cover damage caused by:

- Failure to provide manufacturer's recommended maintenance or to operate in accordance with manufacturer's instructions.
- Intentional damage, misuse or abuse.
- Fire, exposure to weather, earthquakes, Act of God or battery leakage.
- Damage to electronic files and softwares, including damage caused by repairs not covered under this Plan (It is your responsibility to back up all data residing on any product prior to delivery of the product to us, under this Plan), consequential or incidental damages, including, without limitation, damages for loss of use.
- Damages related to delays in providing service under this Plan.
- Damage of a cosmetic nature or the cost of test or consumable parts.
- Damage to any accessories or attachments.
- Damages resulting from modifications to any product component.
- Loss or theft of product, software, data or accessories.
- Cleaning and/or other maintenance services.
- On-site service.
- Restoration or recovery of DVDs.

Transfer of Plan

The Plan is not transferable by you.

Cancellation

We may cancel this Plan at our option on the basis of fraud or misrepresentation, or the unauthorized repair of the product. You may cancel this Plan for any reason within 30 days of purchase and receive a full refund on the Plan price, less the cost of any claims paid (if any). To receive your refund, you must return to any Staples Canada retail store supporting this program with this document and all original receipts. After 30 days, no refund will be applied.

Complete Agreement

This document sets out the complete agreement between you and us with respect to the Plan. There are no other representations, warranties or agreements between you and us with respect to the Plan or the product.



TECH SERVICE OPTIONS FOR YOUR LEARNING DEVICES

Protect and set up your learning equipment.

ESP_Recalita-10/17

Tech Services